October 21, 2019

Ama sah, Good afternoon Parkside families and students,

This week classes will be in session at Parkside for only four days (Monday-Thursday) due to the Non-Instruction Day on Friday October 25th. Below I have listed some items for your reference and consideration. We appreciate your phone calls indicating student absences from Parkside. Our answering machine is always on if our secretary, Nicole Boivin, is not available to respond to your call. The office is open daily from 9AM – 3PM but closed for break 10:45-11:00 and for lunch from Noon-1PM. Thank you for encouraging your teenager to attend Parkside Secondary School. If you have any questions or concerns please "reply" to this message and I will respond to your email as soon as possible.

Staffing Update at Parkside: Teale Hertgers has been hired as a youth support worker for our Junior students in Colleen Annibal's and Ted Ewald's classrooms.

Vaping Concerns at Parkside: It is illegal for students to be smoking and or vaping on school property. All school employees are entitled to a safe working environment free from second hand smoke/vape scents. Students must respect this rule. Failure to do so will result in a family meeting (parent and student) with the principal. Check out this article about "How to Talk to Your Kids About Vaping" https://drugfree.org/article/how-to-talk-with-your-kids-about-vaping/

Mindful Walking: EVERY DAY from 10:00-10:30 AM Parkside students have the opportunity to walk in our local area for 30 minutes with our school counsellor, Carol Passmore, or our Outdoor Education teacher, Phil Blundon. Students are reminded to dress for the weather with proper footwear and clothing. The mindful walking is a voluntary option that allows students to get connected and reduce their stress/anxiety.

Driver's Education "L" Classes: Lucy Sager, certified driving instructor with All Nations Driving, will be offering classes MONDAY to THURSDAY from 5:30PM-8:30 PM at Parkside Secondary for students and members of the public who are 16 years old, possess two pieces of identification and want to get a "L" driver's license. Dinner will be provided. Refer to the attached poster for details. Space is **limited** so students need to submit a completed attached Driver's Ed Consent form to Ms. Arbuckle be registered for the classes. Participants must attend all four evening classes. The testing cl;ass will be on FRIDAY October 25th. **All participants MUST possess one piece of primary and one piece of secondary identification** (participants could bring 2 primary ID if they wanted like a birth certificate and a secure status card). ICBC will not accept expired ID. Here is the link for the accepted ID for ICBC: <u>https://www.icbc.com/driver-licensing/visit-dloffice/Pages/Accepted-ID.aspx</u>

Equestrian Program Starts at Parkside: Any students interested in learning how to care for and ride horses at Coppersidse Stables on **MONDAY and WEDNESDAY** mornings from **9:00AM – noon** need to express their interest to Kirsty Evans, Parkside teacher and certified riding instructor. This program will operate on a weekly basis thanks to the financial support from the JumpStart foundation.

Youth Groups: Every week the Kermode Friendship Society operates a Youth Group (MONDAYS 3:30-6:00PM) and Youth Drop Ins (WEDNESDAY 3:30-5:30PM) at 3313 Kalum Street. Refer to Youth Group Program attachment and Registration form. For more information please phone 250-635-4906 extension 1028.

Outdoor Education: This week on **TUESDAY morning (9:00AM – noon)** students will be fishing. Any students interested in this activity need to express their interest to Phil Blundon, our Outdoor Education teacher, and bring appropriate footwear and clothing. We recently received a donation of 10 fishing rods from the Terrace Salmonid Enhancement Society.

Parkside Helping Hands: Parkside teacher, Colleen Annibal, is looking for students to work with seniors at Terraceview Lodge on WEDNESDAY from 11AM – noon. Ms. Arbuckle is looking for volunteers to help pack food into Starfish backpacks destined for students at Cassie Hall and Suwilaawks Community School on THURSDAY at 8:30 AM. The Starfish Backpack program is operated by the Rotary Club of Terrace Skeena Valley.

Safety Earthquake Drill: On **WEDNESDAY** Parkside students and staff will be participating in a Fire Evacuation safety drill.

Student Photos Re-Takes Available: Photo Re-Take Day will be **THURSDAY at 1:00 PM** for any students who were absent on the original photo day in September or for students wanting to retake their school photo.



Jane Arbuckle

Principal of Parkside Secondary School *"Love, Strength and Courage"* Terrace, B.C. 250-641-2170