

January 13, 2020

Ama ganlaak, Good morning Parkside families and students,

Below I have listed information for your consideration as we begin our second week of classes in the new year. If you have any questions or concerns please hit “reply” to this message and I will respond. Progress reports were mailed to parents last week for students who are struggling to meet expectations in the second term so improvements can happen this week. When your child is unable to attend class please call the school at **250-635-5778** and leave a message on our answering machine so the absence can be excused.



Numeracy Assessment : All students who have completed a Math 10 course must also complete a numeracy assessment to graduate. The numeracy assessment will take place the week of January 20th. For more details and samples refer to this website <https://curriculum.gov.bc.ca/assessment/grade-10-numeracy-assessment>

Audit Documentation: Our school is being audited by district staff this year. Parkside staff will be contacting parents to make arrangements for the following documents to be copied and placed in students’ files as soon as possible :

Birth Certificate for Student (proof of age requirement)

Care Card for Student (proof of B.C. residency requirement)

Care Card for Parent (proof of B.C. residency requirement)

Second piece of Parent Identification (driver’s licence, status card, utility bill with current address)

Mindful Walking: **EVERY DAY** from **10:00-10:30 AM** Parkside students have the opportunity to walk in our local area for 30 minutes with our school counsellor, Carol Passmore, or our Outdoor Education teacher, Phil Blundon. Students need to dress for the weather with proper footwear and clothing. The mindful walking is a voluntary option that allows students to be connected to nature and reduce their stress/anxiety.

Equestrian Program at Parkside: This week any students interested in learning how to care for and ride horses at Copperside Stables on **MONDAY and**



WEDNESDAY mornings 9:00AM – noon need to express their interest to Kirsty Evans, Parkside teacher and certified riding instructor. This program operates on a weekly basis thanks to the financial support from the JumpStart foundation.



Language Classes for Parkside Students: Every **MONDAY from 1-2 PM**

Parkside students will have the opportunity to learn the traditional language of the Tshimsian people. Language Revitalization role model, Larry Derrick, will be facilitating this group in the Cozy Room for any student interested in learning a new language along with First Nations support workers Tammy Bulleid and Vivian Watson as well as the school principal, Jane Arbuckle and Parkside teacher Kirsty Evans.

Cross Country Skiing Opportunity: Kermode Friendship Society is offering a cross country ski program at Onion Lake for youth ages 12-18 **every MONDAY from 3:30-6:00 PM** starting January 6, 2020. Transportation is provided. Please refer to the attached poster for more details and registration form.

Skating Anyone? : Every **TUESDAY afternoon** for the month of January Parkside students will have the opportunity to go skating at the local arena. Any students interested in this activity need to indicate this to their PE teacher Dave Griffin and Ted Ewald or their Outdoor Education teacher. Phillip Blundon

Work Experience: Any students who have enrolled in a Work Experience course with Parkside teacher Kirsty Evans will need to attend an important meeting at our school on **WEDNESDAY at 1:30PM.**

Parkside Helping Hands: On **WEDNESDAY at 11AM** students are invited to assist seniors at Terraceview Lodge by indicating their interest to Colleen Annibal. On **FRIDAY at 8:45 AM** staff will be looking for students to help fill backpacks with food for the Starfish program operated by the local Terrace Skeena Valley Rotary Club giving food to students at Cassie Hall Elementary School and Suwilaawks Community School.



Yoga Anyone? : Yoga is available every **THURSDAY from 11AM – Noon** in our school gym to help students manage their anxiety and stress. A certified yoga instructor, Barb Yawrenko, and Parkside teacher, Colleen Annibal, will be in the gym supporting students. Mats are provided. Students need to wear comfortable clothing. This program is available on a weekly basis thanks to financial assistance from the JumpStart foundation.



Fieldtrip to Shames Mountain: On **FRIDAY morning** a group of Parkside students will be going to Shames Mountain to participate in downhill skiing / snowboarding for the day. Attached permissions slip and fees must be given to Outdoor Education teacher Phillip Blundon prior to departure.

Students Leaving School: Any students needing to leave our school before final dismissal at 3:08 PM must show consent (note or phone call) from a parent or guardian and relay this permission to our office staff, Ms. Arbuckle or Nicole Boivin, so the student can be signed out.



Jane Arbuckle

Principal of Parkside Secondary School

“Love, Strength and Courage”

Terrace, B.C.

250-641-2170