



WINTER 2020 January – March

Cross Country Skiing

Onion Lakes Nordic Ski Centre, Terrace BC

Starts **January 2020** (Monday and Wednesdays afterschool)

This year, **the Kermode Friendship Society**, partnered with **Spirit North** to provide Cross Country Skiing for students. If you are interested in learning how to ski, furthering your skills or would just like to have some fun outdoors this winter, please sign up at Kermode Friendship Centre or contact Spirit North at 250 842 8161.

Monday Ages 12-18 years or **Wednesday** Ages 9 – 13

Time: 3:30 pm – 6:00 pm

3313 Kalum Street, Terrace BC

Guardian Permission required to attend

**AFTER SCHOOL
Cross Country
SKIING**

**Learn to Ski or
improve your skills!
Play fun games on
skis / snowshoes**

**Enjoy skiing at
Onion Lake Ski
Trails**

Every Monday

Ages 12 – 18

Every Wednesday

Ages 9 – 13

**Transportation
Provided**

SPIRIT NORTH

Kateri Clay

250 842 8164

Kateri.clay@spiritnorth.ca

Kermode Friendship
Society Angela Genaille

250 635-4906