

Ama ganlaak, Good morning Parkside families and students,

On March 17, 2020 the provincial government suspended in class instruction in all K-12 schools. I have attached a letter from Rob Fleming, Minister of Education, for your reference. Check out our school district's website <http://cmsd.bc.ca/> for more information regarding the COVID-19 situation. This Spring Break is certainly proving to be an interesting holiday. On behalf of the Parkside staff, I hope you are feeling well and taking care of yourself.

BC COVID-19 SYMPTOM SELF-ASSESSMENT TOOL

Check out this self-assessment website

<https://covid19.thrive.health/>

NORTHERN HEALTH LAUNCHES COVID-19 INFO LINE FOR NORTHERN RESIDENTS

COVID-19 information phone line can be reached by dialing **1-844-645-7811**



COVID-19 Information: Check out this website from HealthLink BC at <https://www.healthlinkbc.ca/health-feature/coronavirus-disease-covid-19>.



The BC Centre for Disease Control has a website with helpful information at <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>. Refer to attachment about frequently asked questions for students and children



For general COVID-19 health advice and answers to common questions check out <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/common-questions?fbclid=IwAR3ScDSW8h-SldjgSDjDKt3wzgjKiSr0GkFCdmfMCXHLj8ULQyCfqFFjGwI>



Jane Arbuckle

Principal of Parkside Secondary School

"Love, Strength and Courage"

Terrace, B.C.

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