



WHERE WELLNESS TAKES SHAPE

## INTRODUCING FOUNDRY'S VIRTUAL SERVICES!

Foundry is working to make sure all young people in British Columbia (BC) can get the care and support they need, when they need it.

**WE ARE NOW OFFERING VIRTUAL DROP-IN COUNSELLING SESSIONS BY VOICE, VIDEO AND CHAT TO BC'S YOUNG PEOPLE AGES 12-24 AND THEIR CARE-GIVERS!**

### Foundry Virtual services are:

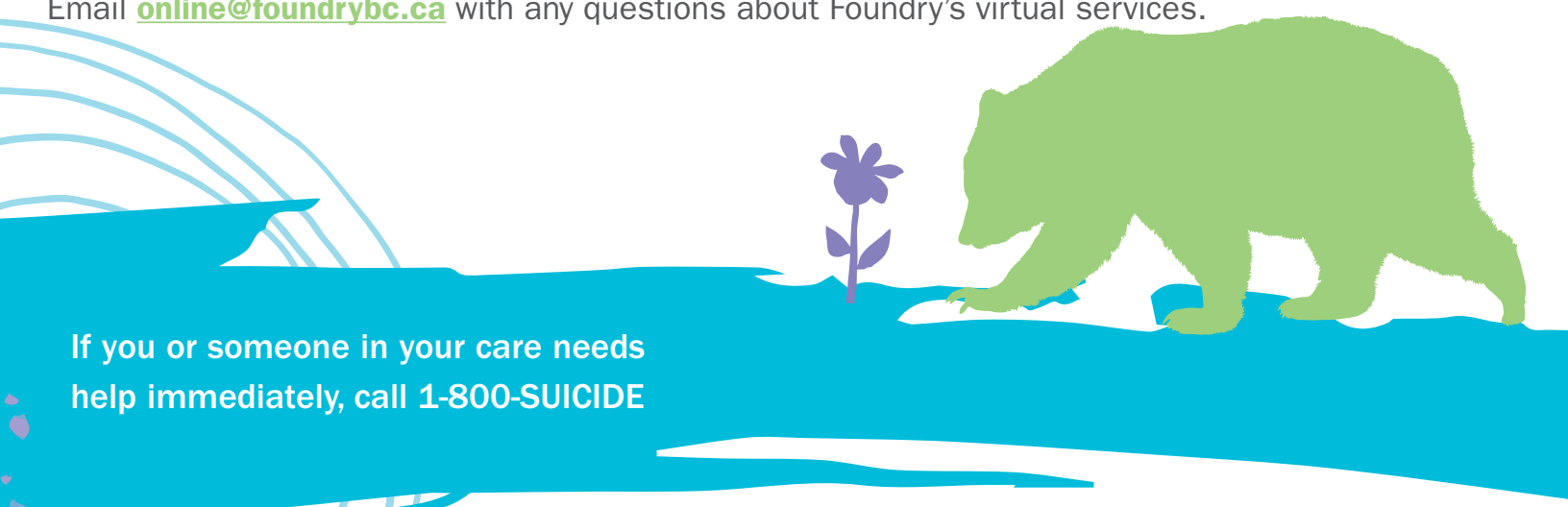
- Available to young people in British Columbia ages 12-24 and their care-givers
- Free and confidential
- Easy to access. No referral or assessment required

**To access this service, call 1-833-FØUNDRY  
(yes, that's FØUNDRY with a zero! or 1-833-308-6379)  
to book an appointment!**

A staff member will schedule an appointment and provide information for next steps. Each virtual drop-in counselling appointment is a single session service and will last between 15-45 minutes. Young people are welcome to use the service more than once, but we cannot guarantee they will see the same clinician every time.

Visit [foundrybc.ca/virtual](https://foundrybc.ca/virtual) for up-to-date hours of operation and service details.

Email [online@foundrybc.ca](mailto:online@foundrybc.ca) with any questions about Foundry's virtual services.



If you or someone in your care needs help immediately, call 1-800-SUICIDE