

February 1, 2021

Ama ganlaak, Good morning Parkside students and families,

As we enter the second half of our school year we are obligated to verify the student enrollment at Parkside in order to follow regulations from the Ministry of Education. *Students who are not willing to attend Parkside on a regular basis will be withdrawn this week after staff have consulted with parents to confirm a student's enrollment or withdrawal.*

Please refer to the **attachment "CMSD Letter to Parents"** from our superintendent, Janet Meyer, explaining the educational options for your teenager.



Attendance Matters: The expectation is for healthy Parkside students to attend school every day so they can complete their assignments and receive support from our staff. *If parents are keeping their children home due to COVID-19 concerns, then parents need to withdraw their teenager from Parkside and decide if their teenager will enroll in a home school program where parents become their teenager's teacher or enter into an online program* such as the North Coast Distance Education School www.ncdes.ca. Please refer to the **attachment "CMSD Letter to Parents"** from our superintendent, Janet Meyer, explaining the educational options for your teenager. *Students who are not willing to attend Parkside on a regular basis will be withdrawn this week after staff have consulted with parents to confirm a student's enrollment or withdrawal.*



Absences from School: If students are staying home because they have a COVID-19 symptom, are isolating or are sick, please call (250-635-5778) and leave a message so the absence for the day can be explained. *Students who are not willing to attend Parkside on a regular basis will be withdrawn this week after staff have consulted with parents to confirm a student's enrollment or withdrawal.*



Report Cards: This week teachers will be finalizing their students' second term assessments of learning. Report cards will be made available for students to take home to their parents by February 12, 2021.



Outdoor Education: On **TUESDAY morning** and **FRIDAY afternoon** students will be learning about snow safety and igloo building. Students need to bring outdoor clothing appropriate for winter weather conditions.



Horseback Riding: On **WEDNESDAY and THURSDAY at 9:00 AM** our horseback riding teacher, Kirsty Evans, will be taking a group of students to Copperside Stables to groom, feed and learn how to ride horses. This program is sponsored by the Jumpstart Foundation. Any students interested in this opportunity need to tell Kirsty they want to go the stables. Space is limited to seven students each session.



Yoga Anyone: Every **THURSDAY at 11:00 AM** a certified yoga instructor, Barb Yawrenko and Parkside teacher, Colleen Annibal, will be helping students to relax by doing yoga in the gym. Mats are provided and safety precautions will be taken. Students can receive PE credit for participating in this weekly activity.

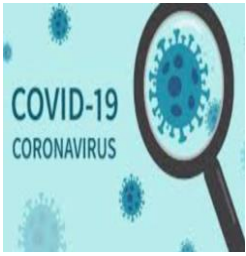


Parkside Secondary Website: Check out our school's website at <http://parkside.cmsd.bc.ca/>



Provincial Restrictions: Refer to the website below that describes the restrictions that we must follow as we work together to reduce the number of COVID-19 cases in our province:

<https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/restrictions>



COVID-19 Health Advice: To talk to a nurse, doctor, or nurse practitioner, call **Northern Health's Online Clinic and Information Line** at **1-844-645-7811**. All Northern BC residents can call this line for information, health advice, or virtual screenings and assessments. Check out the COVID-19 **online assessment tool** at **BC COVID-19 Self-Check (thrive.health)** from the BC Ministry of Health. Refer to the Northern Health **attachment "Covid Test Info"** about what to expect after you have completed a COVID test.



Safety Concerns: Every day each Parkside staff member completes a health checklist before arriving to work and **parents / guardians MUST ensure their teenager completes the attached "Daily Health Checklist" before leaving for school**. Safety and wellness are very important as we strive to offer a safe working environment for everyone at Parkside Secondary. Students and staff are wearing face masks, washing their hands frequently and keeping physical distance from each other. Every student has a three sided plexiglass shield on top of their desk for additional protection.



Jane Arbuckle
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