

February 22, 2021

Ama sah, Good afternoon Parkside students and families,

With only three weeks remaining until the annual Spring Break holiday, Parkside staff are encouraging students to attend school and focus their attention on school assignments so work can be completed. If students are staying home from school because they have a COVID-19 symptom, are isolating or are sick, please call **250-635-5778** and leave a message. The Parkside staff appreciate updates from parents when students are absent from school. Information for your consideration is listed below, if you have any questions or concerns please reply to this email message and I will respond as soon as possible. Take care and be safe.



Invitation for Planning Session: Parents and guardians are invited to share their opinions regarding planning for our school district. The meetings will be held virtually via zoom. Your input is important and valued. Several dates and varied times are available for sharing your ideas. Refer to the **attached “Invitation and Planning Poster”** for more details. **The next planning session via zoom is Friday February 26th at 1PM.**



Parent Survey: Any parent/guardian who has a teenager in grade 10 and or grade 12 is encouraged to complete an online survey at

<https://www.awinfosys.com/SurveyFull1/central/main/access.asp> This is an opportunity for students and parents to share their opinions. Refer to the **attachment “Parent Survey”** for more information.



Quake Safety Drill: On **TUESDAY** students and staff will be participating in an earthquake drill. Safety procedures will be reviewed prior to the drill.



Student Progress: Next week teachers will be preparing progress reports for students who are struggling in the third term. These reports will share concerns with parents and offer time for improvement before the next report cards are issued.



Outdoor Education: On **TUESDAY** morning **FRIDAY** afternoon students will have an opportunity to go outdoor skating (weather permitting) and orienteering using compasses with our outdoor education teacher, Zack Frankel. Students need to bring outdoor clothing appropriate for winter weather conditions.



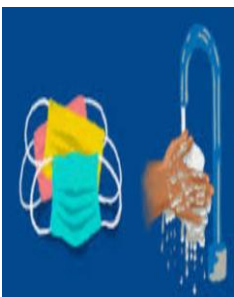
Think Pink: On **WEDNESDAY** students and staff will celebrate Pink Shirt Day. This day emphasizes kindness and treating others with dignity and respect. Celebrated annually around the globe, **Pink Shirt Day** began in Canada in 2007 when two students, David Shepherd and Travis Price, took a stand against homophobic bullying after a student was harassed and threatened for **wearing pink**.



Horseback Riding: On **WEDNESDAY and THURSDAY at 9:00 AM** our horseback riding teacher, Kirsty Evans, will be taking a group of students to Copperside Stables to groom, feed and learn how to ride horses. This program is sponsored by the Jumpstart Foundation. Any students interested in this opportunity need to tell Kirsty they want to go the stables. Space is limited to seven students each session.



Yoga Anyone: Every **THURSDAY at 11:00 AM** a certified yoga instructor, Barb Yawrenko and Parkside teacher, Colleen Annibal, will be helping students to relax by doing yoga in the gym. Mats are provided and safety precautions will be taken. Students can receive PE credit for participating in this weekly activity.



Keeping Schools Safe: Parkside Secondary has updated its COVID-19 safety plan for students and staff. Refer to the **attached "Covid-19 Safety Procedures"** for details. **Parents / guardians MUST ensure their teenager completes the attached "Daily Health Checklist" before leaving for school.** Safety and wellness are very important as we strive to offer a safe working environment for everyone at Parkside Secondary.



New K-12 Health Check App: The B.C. Ministry of Education has created a daily health check website and mobile app for students and their parents to complete before heading to school in the morning. The website and app will contain the most up-to-date BC health guideline information. Refer to this website for details

<https://www.k12dailycheck.gov.bc.ca/healthcheck?execution=e2s1>



COVID-19 Health Advice: If you are wondering if you need to have a COVID test, then refer to the **attachment “When to Get Tested”**. To talk to a nurse, doctor, or nurse practitioner, call **Northern Health’s Online Clinic and Information Line at 1-844-645-7811**. All Northern BC residents can call this line for information, health advice, or virtual screenings and assessments.

Check out the COVID-19 **online assessment tool** at **BC COVID-19 Self-Check (thrive.health)** from the BC Ministry of Health.



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