

January 25, 2021

Ama sah, Good afternoon Parkside students and families,

This marks the final week of the second term as we approach the half waypoint in our school year. Report cards will be given to students next month. If you have any questions or concerns about the information listed below please hit reply to this email message and I will respond as soon as possible. There will be no classes for students this Friday due to a workshop day for staff. Take care and be safe,



Safety Concerns: Every day each Parkside staff member completes a health checklist before arriving to work and **parents / guardians MUST ensure their teenager completes the attached “Daily Health Checklist” before leaving for school.** Safety and wellness are very important as we strive to offer a safe working environment for everyone at Parkside Secondary. Students and staff are wearing face masks, washing their hands frequently and keeping physical distance from each other. Every student has a three sided plexiglass shield on top of their desk for additional protection.



Absences from School: If students are staying home because they have a COVID symptom, are isolating or are sick, please call (250-635-5778) and leave a message so the absence for the day can be explained.



COVID-19 Immunization Plan: For information about the province’s four phases to vaccinate its citizens click on this website <https://news.gov.bc.ca/releases/2021PREM0005-000119>



COVID-19 Health Advice: To talk to a nurse, doctor, or nurse practitioner, call **Northern Health’s Online Clinic and Information Line** at [1-844-645-7811](tel:1-844-645-7811). All Northern BC residents can call this line for information, health advice, or virtual screenings and assessments. Check out the COVID-19 **online assessment tool** at [BC COVID-19 Self-Check \(thrive.health\)](https://www.thrive.health) from the BC Ministry of Health. Refer to the Northern Health **attachment “Covid Test Info”** about what to expect after you have completed a COVID test.



Numeracy and Literacy Assessments: This week students in grades 10-12 must complete a mandatory Literacy and Numeracy online assessment after finishing their English 10 and Math 10 courses. For more information and samples please refer to the websites listed below.

[Grade 10 Numeracy Assessment | Building Student Success - B.C. Curriculum \(gov.bc.ca\)](http://gov.bc.ca)

[Grade 10 Literacy Assessment | Building Student Success - B.C. Curriculum \(gov.bc.ca\)](http://gov.bc.ca)



Parkside Secondary Website: Check out our school's website at <http://parkside.cmsd.bc.ca/>



Shames Mountain Fieldtrip: On **MONDAY January 25** Zack Frankel, our Outdoor Education teacher, and Kristine Schmidt, our youth support worker will be transporting students to Shames Mountain for our final downhill skiing / snowboarding fieldtrip. This opportunity is possible with assistance from the My Mountain Co-op Northern Snow Angel Program.



Horseback Riding: On **WEDNESDAY and THURSDAY at 9:00 AM** our horseback riding teacher, Kirsty Evans, will be taking a group of students to Copperside Stables to groom, feed and learn how to ride horses. This program is sponsored by the Jumpstart Foundation. Any students interested in this opportunity need to tell Kirsty they want to go the stables. Space is limited to seven students each session.



Yoga Anyone: Every **THURSDAY at 11:00 AM** a certified yoga instructor, Barb Yawrenko and Parkside teacher, Colleen Annibal, will be helping students to relax by doing yoga in the gym. Mats are provided and safety precautions will be taken. Students can receive PE credit for participating in this weekly activity.



No Classes for Students: On **FRIDAY January 29th** school will **be closed**. Staff are participating in workshops. Classes will resume on Monday February 1st. I have attached a school calendar indicating holidays for your reference.



Jane Arbuckle
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