Ama sah, Good afternoon Parkside students and families,

I have **attached a school calendar** that shows this is the final week of classes for students before the Spring Break holiday starts on March 15th. Third term student progress reports were mailed to parents last week. If you did not receive a report, please call (250-635-5778) to see if one was mailed and a copy can be available in our main office for pick up. Below is information for your reference. If you have any questions or concerns, please reply to this email and I will respond as soon as possible. Take care and have a safe week.



Schools and COVID-19: It is very important that parents / guardians complete the attached Daily Health Checklist before any student attends school. The BC Centre for Disease Control has a helpful new online resource for B.C.'s education community built for parents, students, and school staff. Check out the website at http://www.bccdc.ca/schools/



Student Absences: If your teenager is going to be away from school please call us (250-635-5778) and leave a message on our answering machine so we know why an absence is happening.



Attendance Matters: After the Spring Break holiday, students will need to attend school every day for a minimum of two hours to maintain their enrollment at Parkside. This new expectation will help students complete their assignments and finish courses.



Invitation for Planning Session: Parents and guardians are invited to share their opinions regarding planning for our school district. Your input is important and valued. Your ideas can be shared by clicking on this link:

https://my.thoughtexchange.com/#957348863/hub

Interactive meetings will be held virtually via zoom. Refer to the **attached**"Invitation and Planning Poster" for more details. The next Zoom meeting is

TUESDAY March 9th at 10:00 AM. The Zoom link details are Meeting ID: 697

8062 9458 / Passcode: 660362

https://cmsd-bc-ca.zoom.us/j/69780629458



Early Dismissal: On **WEDNESDAY** and **THURSDAY** students will be *dismissed from school at 2:15PM*. School bus routes will be operating one hour earlier than their normal departure time.



Horseback Riding: On **WEDNESDAY and THURSDAY at 9:00 AM** our horseback riding teacher, Kirsty Evans, will be taking a group of students to Copperside Stables to groom, feed and learn how to ride horses. This program is sponsored by the Jumpstart Foundation. Any students interested in this opportunity need to tell Kirsty they want to go the stables. Space is limited to seven students each session.



Yoga Anyone: Every THURSDAY at 11:00 AM a certified yoga instructor, Barb Yawrenko and Parkside teacher, Colleen Annibal, will be helping students to relax by doing yoga in the gym. Mats are provided and safety precautions will be taken. Students can receive PE credit for participating in this weekly activity.



Outdoor Education: On FRIDAY students will have an opportunity to go orienteering using compasses with our outdoor education teacher, Zack Frankel. Students need to bring outdoor clothing appropriate for winter weather conditions.



Work Habits Reward: On FRIDAY the final day of classes before Spring Break begins, a Parkside student will win a \$100 gift card to the Winners Department Store. Every time a Parkside student completes a course, he/she will earn a ticket for the gift card draw. Proceeds from our school's canteen sales pay for the gift card. Please encourage your teenager to keep working and focusing on their school assignments.



Parent Survey: Any parent/guardian who has a teenager in Grade 10 and or Grade 12 is encouraged to complete an online survey at

https://www.awinfosys.com/SurveyFull1/central/main/access.asp This is an opportunity for students and parents to share their opinions. Refer to the attachment "Parent Survey" for more information.



COVID-19 Health Advice: If you are wondering if you need to have a COVID test, then refer to the attachment "When to Get Tested". To talk to a nurse, doctor, or nurse practitioner, call Northern Health's Online Clinic and Information Line at 1-844-645-7811. All Northern BC residents can call this line for information, health advice, or virtual screenings and assessments.

Check out the COVID-19 **online assessment tool** at **BC COVID-19 Self-Check** (thrive.health) from the BC Ministry of Health.