





What Zone Are You Right Now?

Blue	Green	Yellow	Red
 A blue emotion character with large, round glasses and a white sweater, looking down with a sad expression.	 A green emotion character with a yellow dress and arms raised in a happy, dancing pose.	 A yellow emotion character with a long, thin nose and a worried expression, looking to the side.	 A red emotion character with a fiery crown and a very angry, shouting expression with clenched fists.
<p>Sick Sad Tired Bored Moving Slowly</p>	<p>Happy Calm Good to Go Focused Ready to Learn</p>	<p>Frustrated Worried Silly/Wiggly Anxious Excited</p>	<p>Mad/Angry Mean Yelling/Hitting Out of Control I Need Time and Space</p>