Ama sah, Good afternoon Parkside Students and Parents,

This week students begin the second week of classes. If you have any questions or concerns about the information below, please reply to this email and I will respond at my earliest convenience. Parkside will be closed on Friday due to a national holiday.



HEALTH CHECK: Students, staff and visitors entering the school must complete a daily health check (see attachment "Health Check"). If anyone is sick or experiencing any of the following symptoms you must stay home: Fever, chills, cough, loss of sense of smell / taste, difficulty breathing, sore throat, runny nose, sneezing, extreme fatigue or tiredness, headaches, body aches, diarrhea, nausea or vomiting.



FREE LUNCH: Every day Parkside students are offered a free hot lunch prepared in our kitchen by our meal coordinator, Tammy McBride, and our culinary teacher, Robert Whitmell. This program is possible thanks to financial assistance from the school district and local charities.



SCHOOL BUS INFORMATION: Refer to the attachment "Bus Schedules" for school bus Pick Up and Drop Off times. This year any student travelling to Parkside on a school bus **MUST COMPLETE a BUS REGISTRATION FORM** available in our main office.



GRADE 9 IMMUNIZATIONS: Last week Grade 9 students at Parkside were given immunization information from Terrace Public Health. Forms need to be returned to the main office this week. For more information refer to the **attachment "Grade 9 Immunizations"**



CULTURAL DANCE: Every **WEDNESDAY at 1PM** Parkside students will have the opportunity to participate in cultural dancing with students from Kitsumkalum's school Na Aksa Gyilak'yoo.



ORANGE SHIRT DAY: On **THURSDAY** students and staff are encouraged to wear orange to show support for the survivors of residential schools and remember the children who died.



SCHOOL CLOSED: On **FRIDAY** school will be closed as a national holiday for Truth and Reconciliation.



SCENT FREE: Just a friendly reminder that Parkside is a **scent free school**. Students and staff are not permitted to use perfumes, after shaves, or scented lotions. We have students and staff that are very sensitive to these items. Your cooperation is appreciated.



ENHANCED SAFETY: All adults and students entering our school must wash their hands. Face masks are encouraged and available in the main office. Refer to the attachment "Parkside Safety Plan 2022" for a summary of our school's safety procedures for students, staff and visitors.



SUPPORTS FOR YOUTH: Refer to the **attachment "Foundry September"** for a description of events happening at the Terrace Foundry site located on **3219 Eby Street**. Foundry offers youth aged 12-24 access to a variety of supports. Refer to the website **Foundry Terrace - (foundrybc.ca)** for more information about this local organization in Terrace.



Jane Arbuckle
Principal
Parkside Secondary School
Terrace, B.C.
250-641-2170

