Ama ganlaak, Good morning Parkside Parents and Students,

It's hard to believe that there are only two weeks remaining in the first term for students to improve their attendance and finish courses at Parkside. If your teenager is going to be absent from our school, please phone (250-635-5778) and leave a message for our staff. School will be closed on Friday due to the Remembrance Day holiday. If you have any questions or concerns about the information below, please reply to this email and I will respond at my earliest convenience. Take care,



HEALTH CHECK: Students, staff and visitors entering the school must complete a daily health check (see attachment "Health Check"). If anyone is sick or experiencing any of the following symptoms you must stay home: Fever, chills, cough, loss of sense of smell / taste, difficulty breathing, sore throat, runny nose, sneezing, extreme fatigue or tiredness, headaches, body aches, diarrhea, nausea or vomiting.



**FINANCIAL HELP:** Parents and caregivers can request financial help from the school district by completing the **attached form "Student Family Affordability Fund"** and giving the completed form to the principal for signature. The form can be used The form can be used to request financial assistance for such miscellaneous items as bus transit passes, gym passes, pool passes, or clothing items such as footwear, jackets, gloves, toques, etc.



WORKSHOP OPPORTUNITY: The Kermodei Friendship Society is offering a two day training session for youth on November 16-17 about suicide awareness and support. Refer to the **attached GRASP poster** for more information about the workshop. Any students interested in participating need to complete the **attached "Grasp Registration form"** and give it to Ms. Arbuckle.



PARKSIDE DRESS CODE: Students should dress appropriately for school. This means no revealing clothing, no drug/alcohol images, no swear words, no gang-related clothing, or any clothes that show sexually explicit acts. Refer to the **attached** "Parkside Code of Conduct"



**HORSEBACK RIDING:** On **MONDAY at 1PM** students will have the opportunity to ride horses at Copperside Stables. Any students interested in participating need to express their interest to our riding teacher, Kirsty Evans. This program is possible thanks to the financial support of the JumpStart Foundation.



**FIRE DRILL:** On **MONDAY at 1:50PM** there will be a fire drill. Staff will review the safety procedures with students prior to the drill.



**CULTURAL DANCE:** Every **WEDNESDAY at 1PM** Parkside students will have the opportunity to participate in cultural dancing with students from Kitsumkalum's school Na Aksa Gyilak'yoo.



**SKATING**: Physical activity and wellness is promoted and encouraged at Parkside. On **WEDNESDAY at 2PM** students will have the opportunity to go skating at our local arena. There is no cost for this event. Skates are available at school for students to use.



**A TIME TO REMEMBER:** On **THURSDAY at 11AM** Parkside students and staff will gather in our gym for a Remembrance Day assembly led by some of our senior students.



**SCHOOL CLOSED:** On **FRIDAY** school will be closed due to the **Remembrance Day holiday**. Refer to the **attachment "School Calendar"** for a list of dates when school will be closed.



**CONTACTING STAFF:** Parents can contact their teenager's teachers anytime by using email (refer to **attachment "Parkside Staff Email Information"**) or by phoning the school (250-635-5778) to leave a message with our secretary Nicole or the answering machine. Our staff appreciate feedback and information from parents so together we can help students experience success.



Jane Arbuckle Principal Parkside Secondary School Terrace, B.C. 250-641-2170

