

December 19, 2022

Ama gan laak, Good morning Parkside parents and students,

On behalf of the staff at Parkside Secondary School I would like to wish everyone a safe and peaceful holiday while school is closed for the Christmas season. Below I have listed a few items for your consideration. If you have any questions or concerns please respond to this email and I will reply at my earliest convenience. Take care,



SUPPORTS for YOUTH: Foundry offers youth peer support, health care assistance, mental health support, and social services. Refer to the **attachment "December Calendar Foundry"** for a list of events being offered at the Foundry office for youth aged 12-24 years old at 3219 Eby Street.



HOLIDAY MENTAL HEALTH TIPS : Check out this website with information about [4 Common Teen Mental Health Issues During the Holidays - Visions \(visionsteen.com\)](http://visionsteen.com)



MESSAGE for PARENTS: Education Minister Singh has prepared a letter of appreciation for parents and caregivers. Please refer to the **attached "Message Parents and Caregivers"**



SCHOOL CLOSED: Parkside will be closed from December 19, 2022 – January 2, 2023. Classes will resume on **TUESDAY January 3, 2023**. Refer to the **attached "School Calendar 2022-23"** for a list of dates when Parkside is closed.



Jane Arbuckle
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