

May 15, 2023

Ama sah, Good afternoon Parkside parents and students,

This week Parkside teachers will be preparing interim “I” reports for students who are struggling to meet attendance and work habits expectations for their Term 4 courses. Parkside students are expected to attend school every day unless a parent/guardian has contacted the school to excuse an absence. Attendance and satisfactory work habits must be demonstrated on an ongoing basis by students to ensure enrolment continues at Parkside. If you have any questions or concerns, please reply to this email and I will respond at my earliest convenience. Below is information listed for your reference. Take care,



FEEDBACK REQUESTED: Coast Mountains Board of Education is seeking input into the 2023-24 annual budget priorities. **Please complete the brief online survey listed below by May 19, 2023.** The feedback received will play an important role in the development of the 2023/2024 Budget.

2023-24 Budget & Planning Survey
(click on link to complete survey)

For more information about Coast Mountains School District’s Strategic Plan 2022-2027 ‘Engage, Ignite, Empower’ click on this link : <http://cmsd.bc.ca/cmsd82-strategic-plan-2022-2027/>



SCENT FREE SCHOOL: Parkside is a scent-free building due to the sensitivities of Parkside students and staff. This means students and staff are not permitted to wear perfume, cologne or scented lotions. This is a safety issue for those who have allergies. Please ensure your teenager arrives at school fragrance-free. Your cooperation with this matter is appreciated.



ART CONTEST: Terrace Pride Pals is sponsoring an art contest for youth under the age of 19. The theme is “Pride-What It Means To You”. Submissions are due June 1st. For more information refer to the **attachments “Art Contest” and “Art Contest Info”**.



DRESS CODE: As the weather becomes warmer all students and staff are expected to follow the school’s code of conduct for appropriate clothing. This means no revealing clothing, no drug/alcohol images, no swear words, no gang-related clothing, or any clothes that show sexually explicit acts. Refer to the **attached “Code of Conduct”**.



HEALTH CHECK: Students, staff and visitors entering Parkside must complete a daily health check (**see attachment “Health Check”**). If anyone is sick or experiencing any of the following symptoms then they must stay home: **Fever, chills, cough, loss of sense of smell / taste, difficulty breathing, sore throat, runny nose, sneezing, extreme fatigue or tiredness, headaches, body aches, diarrhea, nausea or vomiting.** Your cooperation is appreciated as we strive to focus on health and safety for everyone at Parkside.



ATTENDANCE MATTERS: Parkside students are expected to attend school every day unless a parent/guardian has contacted the school to excuse an absence. Attendance and satisfactory work habits must be demonstrated on an ongoing basis by students to ensure their enrolment continues at Parkside. Refer to the **attached “Parkside Attendance Policy”** which parents and students sign prior to the commencement of classes at Parkside. If your teenager is unable to attend class, please phone and leave a message (**250-635-5778**) explaining the absence so our staff know why a student is not in class.



GRADITUDE: During the month of May Parkside staff will be focusing on gratitude with their students. Check out this **You Tube video** about the importance of gratitude [The Science of Gratitude - YouTube](#)



CULTURE: On **MONDAY afternoon** a group of Parkside students will be learning from role model George Peal at Suwilaawks Community School how to make their own cultural items.



HORSEBACK RIDING: On **WEDNESDAY at 12:30PM** Parkside students will have the opportunity to ride horses at Coppersive Stables. Any students wanting to participate need to express their interest to our riding teacher, Kirsty Evans. This program is possible thanks to financial support from the JumpStart Foundation.



CULTURAL DANCE: On **WEDNESDAY at 1PM** Parkside students will have the opportunity to participate in cultural dancing with students from Kitsumkalum’s school Na Aksa Gyilak’yoo.



YOGA ANYONE?: On **THURSDAY at 11AM** our yoga instructor, Barb Yawrenko, and Parkside teacher Colleen Annibal, will be offering a yoga session for Parkside students in our gym. Yoga mats will be provided. Refer to this **You Tube video** about [What are the The Benefits of Yoga for Teens? - YouTube](#) highlighting the importance of doing yoga and why it is available to Parkside students every week.



GROCERIES ANYONE?: Every **FRIDAY** Parkside students may receive a **FREE bag of groceries** thanks to donations from the local Terrace Rotary clubs and SaveOn Foods. Students may express their interest to any Parkside staff member so a bag will be reserved for them to take home at the end of the day.



RENTALS WANTED: In preparation for the upcoming school year, Coast Mountains School District 82 wishes to secure rental properties for new employees in the communities of Kitimat, Terrace and the Hazeltons. ***If you have a rental property and you would like to explore the opportunity to rent your property to teaching professionals, School District 82 invites you to contact us at rentals@cmsd.bc.ca.***



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